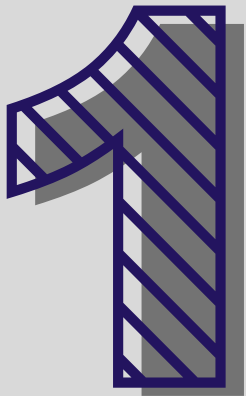


STORY CHOREOGRAPHY PROJECT

INSPIRATION RESOURCE



Start by choosing someone in your family or community who you think has an untold story they'd like to share. Connect with them on Zoom, on the phone or in a safe location. Use one or all of the questions below to get the conversation started.

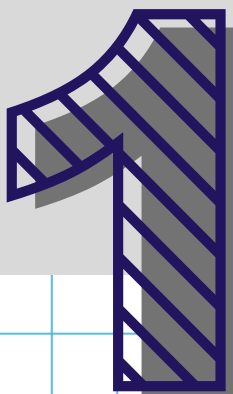
- Tell me about the time in your life when you felt independent for the first time.
- What was your favorite adventure and where did you go?
- What is your favorite photograph of yourself and what is the story of that photograph?

inspiration

The cause or reason to create due to the stirring of emotions

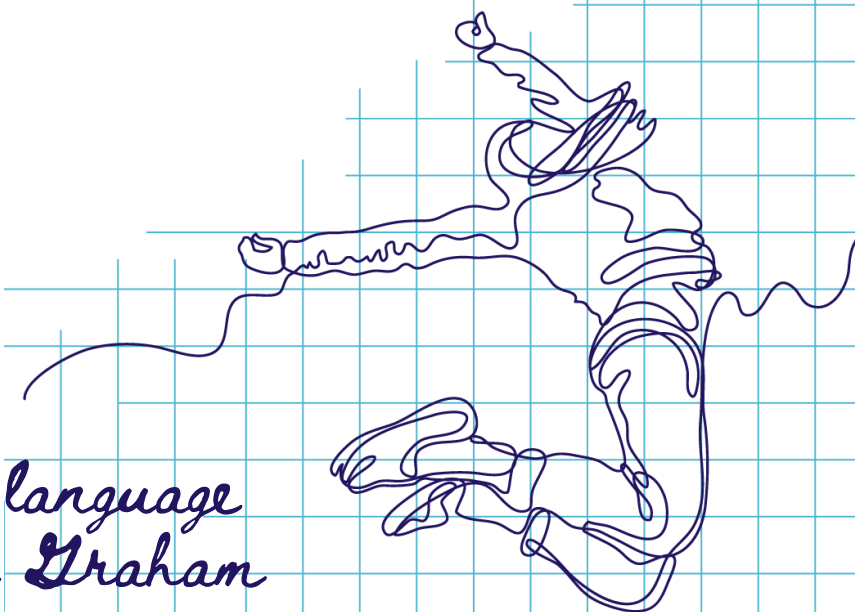
STORY CHOREOGRAPHY PROJECT

INSPIRATION RESOURCE



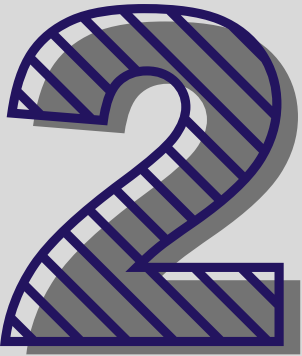
Use this page to take notes or draw pictures about the things you learn during your conversation.

"Dance is the hidden language of the soul." - Martha Graham



STORY CHOREOGRAPHY PROJECT

INSPIRATION RESOURCE



Get out your glue, scissors and markers or use the template we've provided to create a vision board based on the conversation you had. Use your imagination and allow your creativity to take over. This vision board will serve as a jumping off point to start your dance.

Vision Board

a visual tool where you can add pictures, music possibilities, words and other pieces of inspiration. It represents your goals and dreams for a creative project.

Recommended materials

- paper or printed template
- magazines, family pictures
- markers, crayons
- tape/glue
- stickers

